



GYM SCHEDULE

ASHEVILLE YMCA
MAY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	5:30am-11:00am Open Gym	5:30am-10:15am Open Gym	5:30am-10:45am Open Gym	5:30am-10:15am Open Gym	5:30am-10:45am Open Gym	Closed
	11:15am-12:45pm All-Stars Basketball (50+)	10:30am-12:00pm Legends Basketball (35+)	11:00-12:00pm Zumba Gold	10:30am-12:00pm Legends Basketball (35+)	11:00-12:00pm Low Impact Fitness	
	1:00-2:00pm Open Gym	Closed	12:15-1:45pm All-Stars Basketball (50+)	Closed	Closed	
	2:00-3:30pm Pickleball		2:00-2:30pm Open Gym			2:45-4:15pm Pickleball
	3:45-5:00pm Open Gym	2:45-8:00pm Open Gym	12:15pm-8:00pm Open Gym	4:30-8:00pm Open Gym	12:15pm-8:00pm Open Gym	12:15-7:00pm Open Gym
Closed					Closed	Closed

***Pickleball (by reservation only):** 2 V 2 play (4 to rotate in) keeping 6 feet apart as much as possible, please sanitize nets after use, masks required to be worn at all times.

Open Gym: 3 baskets will be available for shoot around basketball, first come first serve, No pick-up. one on one only unless all are on the same membership. Pickleball players can hit the ball around, no nets will be set up, must bring your own paddle and ball.

***All-Stars Basketball 50+ (by reservation only):** 5v5 half court basketball for those 50 years and older played to 1 goal, masks must be worn at all times while playing and while waiting to play. Ages will be checked upon check-in.

***Legends Basketball 35+ (by reservation only):** 5v5 half court basketball for those 35 years and older played to 1 goal, masks must be worn at all times while playing and while waiting to play. Ages will be checked upon check-in.

**PLEASE REMEMBER THAT OUR GYM IS SHARED BY PROGRAMS, CLASSES, FAMILIES AND ALL OUR MEMBERS.
THE GYM SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE DUE TO WEATHER AND/OR SPECIAL EVENTS.**

FACILITY HOURS:

Monday–Thursday 5:30am–8pm
Friday 5:30am–7pm
Saturday 8am – 5pm
Sunday 1pm–5pm

***RESERVATIONS REQUIRED THROUGH OUR MOBILE APP FOR PICKLEBALL, ALL-STARS BASKETBALL AND LEGENDS BASKETBALL. OPEN GYM FIRST COME FIRST SERVE. MASKS REQUIRED AT ALL TIMES IN THE GYM.**