



Gym Schedule: May 1st-31st

Reuter Family YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30am-6:00am Open Gym	5:30am-6:00am Open Gym		5:30am-6:00am Open Gym		
	6:00am-7:30am Adult Pick-Up	6:00am-6:45am Athletic Cond. (R)	5:30am-9:30am Open Gym	6:00am-6:45am Athletic Cond. (R)	5:30am-9:30am Open Gym	
	7:30am-9:30am Open Gym					
	9:45am-10:30am Cardio Dance (R)	7:00am-10:30am Open Gym	9:45am-10:30am Cardio Dance (R)	7:00am-10:30am Open Gym	9:45am-10:30am HipHop (R)	8:00am-10:15am Open Gym
		10:30am-1:00pm Pickleball (R)		10:30am-1:00pm Pickleball (R)		10:30am-12:30pm Pickleball (R)
12:00pm-5:00pm Open Gym	10:45am-8:00pm Open Gym		10:45am-8:00pm Open Gym		10:45am-6:00pm Open Gym	12:45pm-6:00pm Open Gym
		1:00pm-8:00pm Open Gym		1:00pm-8:00pm Open Gym		

Pickleball (by reservation only): 2 V 2 play (4 to rotate in) keeping 6 feet apart as much as possible, must bring your own paddles.
Masks required to be worn at all times. 24 slots per time period, registration required.

Open Gym: First come, first served, must bring your own ball.

Social distance of at least 6 feet apart. **Masks must be worn at all times.**

SOCIAL DISTANCING IS REQUIRED IN GYM.

**PLEASE REMEMBER THAT THE GYM IS SHARED BY PROGRAMS, CLASSES, FAMILIES AND ALL OF OUR MEMBERS.
 GYM SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE DUE TO WEATHER AND/OR SPECIAL EVENTS.**

FACILITY HOURS:

Monday–Thursday 6am–8pm
 Friday 6am–5pm
 Saturday 8am–5pm
 Sunday 1pm–5pm

RESERVATIONS REQUIRED THROUGH OUR MOBILE APP OR WEBSITE FOR PICKLEBALL.

OPEN GYM FIRST COME, FIRST SERVED.

GROUP EX CLASSES WILL TAKE PRECEDENCE IN INCLEMENT WEATHER.