



May Pool Schedule

Corpening Memorial YMCA

Schedule subject to change

Time	Monday								Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday								Time																
Lane #	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	Lane #								
5:30 - 6 AM	CLOSED								CLOSED								CLOSED								CLOSED								CLOSED								CLOSED								5:30 - 6AM																								
6-7 AM	Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						CLOSED								6-7 AM																																
7-8 AM	Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						CLOSED								7-8 AM																																
8-9 AM	Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Scuba		Lap Swim						CLOSED								8-9 AM																								
9-10 AM	Fluid Movement 1 Hour. 9:30a				Lap Swim				Fluid Movement 1 Hour. 9:30a				Lap Swim				Private swim lessons				Fluid Movement 1 Hour. 9:30a				Lap Swim				Fluid Movement 1 Hour. 9:30a				Lap Swim				Scuba		Swim Lessons						CLOSED								9-10 AM																				
10-11 AM	Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Swim Lessons		CLOSED								10-11 AM																						
11-12 PM	Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Swim Lessons		CLOSED								11-12 PM																						
12-1 PM	Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Swim Lessons		CLOSED								12-1 PM																						
1-2 PM	Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Open Swim		Lap Swim						Swim Lessons		CLOSED								1-2 PM																						
2-3 PM	POOL CLOSED (2pm - 4pm)																								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								2-3 PM
3-4 PM	POOL CLOSED (2pm - 4pm)																								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								3-4 PM
4-5 PM	Open		Lap Swim		Cardio Splash		Piranhas Practice				Open Swim		Lap Swim		Swim Lessons		Piranhas Practice				Open		Lap Swim		Cardio Splash		Piranhas Practice				Open Swim		Lap Swim		Lap		CLOSED								CLOSED								4-5 PM																				
5-6 PM	Open Swim		Lap Swim		Piranhas Practice		Open Swim				Lap Swim		Swim Lessons		Piranhas Practice				Open Swim		Lap Swim		Piranhas Practice		Open Swim		Lap Swim		Piranhas Practice		Open Swim		Lap Swim		Piranhas Practice		CLOSED								CLOSED								5-6 PM																				
6-7 PM	Open Swim		Lap Swim		Piranhas Practice		Open Swim				Lap Swim		Swim Lessons		Piranhas Practice				Open Swim		Lap Swim		Piranhas Practice		Open Swim		Lap Swim		Piranhas Practice		Open Swim		Lap Swim		Piranhas Practice		CLOSED								CLOSED								6-7 PM																				
7-8 PM	Open Swim		Lap Swim		Lap Swim		Open Swim				Lap Swim		Lap Swim		Open Swim				Lap Swim		Lap Swim		Lap Swim		Open Swim		Lap Swim		Lap Swim		Lap Swim		Lap Swim		CLOSED								CLOSED								6-7 PM																						
8-9 PM	CLOSED								CLOSED								CLOSED								CLOSED								CLOSED								CLOSED								CLOSED								CLOSED								8-9 PM								
Lane #	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	Lane #

POOL HOURS:
 M-Th: 6:00a - 2:00p; 4:00p - 8:00p
 Fri: 6:00a - 2:00p; 4:00p - 7:00p
 Sat: 8:00a - 3:00p
 Sun: 1:00p - 4:00p

Lap Swim	Independent Exercise	Swim Lessons
Aqua Fitness	Swim Team	Specialty
	Open Swim	

Lane availability and pool schedule are subject to change. Thank you for your understanding.

Rev. 3/28

Contact Aquatics Manager Bre Treadway with any questions: btreadway@ymcawnc.org

CORPENING MEMORIAL YMCA

348 Grace Corpening
Marion NC 28752

MAX CAPACITY: 50 | Please note the schedule and lane space is subject to change at any time.

LIFEGUARD BREAK: Our Y is a one-guard pool. Lifeguards have the ability to close the pool for 10 minutes in the event that they need a break and have no coverage. Please respect the lifeguard and obey all directions.

POOL RULES

Shower before entering the pool and after the use of toilet facilities.

After showering, please dry off completely when exiting the showers into the locker room area.

Inflatable flotation devices are not permitted.

Walk. Do not engage in rough play.

Please do not enter the pool if you have a communicable disease or open cut.

No glass, food, gum, tobacco, or animals are allowed on the pool deck.

Proper swim attire must be worn at all times.

Children not toilet-trained are required to wear a swim diaper covered by a tight topped suit or plastic pants.

Diaper changing on the pool deck is not permitted.

Please obey all requests made by lifeguards.

Cameras, cell phones, and other electronic devices are not allowed on the pool deck.

Street shoes are not allowed on the deck.

Photography on the pool deck is prohibited.

CHILD SUPERVISION

Children Ages 0–6

An adult must be within arm's reach of the child at all times.

Children Ages 7–9

If the child passes the swim test, they may be in the pool with a responsible adult in the pool area. Otherwise a guardian must be in the pool.

Children Ages 10–12

Child must pass a swim test or wear a lifejacket and may be in the pool area without a responsible adult.

OPEN SWIM will not be available during swim lessons, swim team, and water fitness classes.

SWIM TEST

Any child under the age of 13 wishing to swim **in water deeper than chest depth** must pass the swim test or wear a lifejacket:

- Jump into the shallow end, ducking head under water.
- Swim 25 yards.
- Tread water for 1 minute.

Swim tests must be completed every visit.

The lifeguard has the authority to withhold or revoke access to any area of the pool to maintain safety.

ANSWERING THE CALL

60%
OF YOUTH
DROWNING
INCIDENTS
OCCUR WITHIN
10 FT.
OF SAFETY

www.safekids.org/sites

2 CHILDREN
DIE EACH
DAY AS A
RESULT OF
DROWNING



www.cdc.gov/injury/wisqars/

88%
OF CHILDREN
WHO DROWN
ARE UNDER
**SOME FORM OF
SUPERVISION**

www.safekids.org/sites

Drowning is the leading cause of unintentional injury death among children aged 1–4 years and one of the top three causes among persons aged ≤29 years.

4

www.cdc.gov

EQUIPMENT

Kickboards, pull buoys and fins are for lap swim use only. Noodles are to be used for flotation and exercise classes only. Approved lifejackets are available for use. Equipment should not be used to roughhouse or for horseplay.

LAP LANES

Lap lanes are for continuous lap swimming only— including standard strokes and kicking. Please use open swim times/independent exercise for water jogging, water walking, etc. Lap swimmers should share the lanes with other members in a respectful manner.