



Schedule subject to change without notice due to staffing and weather

Asheville YMCA

Monday June 30-
Sunday July 6

Announcements:

Swim team will return to North Pool in September.

South Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane				
6a-7a	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6a-7a				
7a-8a																					7a-8a												
8a-9a									8a-9a																								
9a-10a	Hydro Burn				Hydro Burn				Hydro Burn				Deep Water Fitness				Ind	Lap Swim 7:30-8:20a				9a-10a											
10a-11a																						10a-11a											
11a-12p																						11a-12p											
12p-1p	Ind. Ex.	Lap Swim 11:40a-1:50p			Ind	Lap			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap 11:10a-3p			Ind	Lap Swim			Open Swim 11a-4p								Open Swim 1p-3p				12p-1p
1p-2p																																	1p-2p
2p-3p									2p-3p																								
3p-4p	Family/Open				Family/Open 2:30p-4p				Family/Open				Family/Open 3p-6:30p				Closed				Ind.	Lap Swim 3:10p-4:30p				3p-4p							
4p-5p																										4p-5p							
5p-6p																										5p-6p							
6p-7p	Ind	Lap Swim 6:30p-8:30p			Ind	Lap Swim 6:30p-8:30p			Ind	Lap Swim 6:30p-8:30p			Ind	Lap Swim 6:30p-8:30p			Ind Ex.	Lap Swim 4:10-6:30p			Closed				6p-7p								
7p-8:30p																									7p-8:30p								

North Pool

Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6a-8a	Camp				Lap Swim 6a-8:30p				PL Lap Swim 6a-7:15p				Lap Swim 6a-8:30p				Lap Swim 6a-12:30p				Closed				Closed				6a-8a
8a-10a																													8a-10a
10a-12p																													10a-12p
12p-2p	Lap Swim 6a-8:30p				Lap Swim 6a-8:30p				Lap Swim 6a-7:15p				Lap Swim 6a-8:30p				Closed				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				12p-2p
2p-4p																													2p-4p
4p-6p																													4p-6p
6p-8:30p	Water Polo				Water Polo				Water Polo				Water Polo				Closed				Closed				Closed				6p-8:30p

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Ex.	Swim Team	Family/Open Swim	Family Swim and Open Swim are open to all. Independent Ex. is limited to adults only.
Group Ex	Swim Lessons	Specialty		

We're always looking for more lifeguards! If you or someone you know is interested please see back of this schedule for more information!

SWIM INTO PERKS AND PURPOSE



Lifeguards and Swim Instructor Positions YMCA OF WESTERN NORTH CAROLINA

Looking for a job that isn't about scrolling or spreadsheets? Join the YMCA Aquatics Team — we'll even cover your certification!

- Free Y membership
- Digital detox, real-life focus
- Flexible Schedules
- Gain valuable life skills (leadership, independence, responsibility)
- Oh, and yeah... there are bonuses too

Excellent for students, teachers, parents and anyone who likes to make a splash — metaphorically and literally.



**BONUS DETAILS
AND APPLY AT:**
ymcawnc.org/careers

