

June Pool Schedule

** Pool schedule is subject to change without notice due to staffing and weather **

Corpening Memorial YMCA

Pool schedule is subject to change without notice

Time	Monday Tuesday			esday	Wed	Inesday	Thursday		Friday		Saturday		Sunday		Time
Lane #	1234	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7 8	Lane #
6-7 AM	E	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Closed				6-7 AM
7-8 AM	Open Swim														7-8 AM
8-9 AM	Ope														8-9 AM
9-10 AM		Fluid		ıid	Fluid		Fluid			uid		Swim lessons	Closed		9-10 AM
10-11 AM	Moven	nent	Move	Lap Swim Lessons Lap Swim Lessons	Movement		Movement		Movement						10-11 AM
11-12 PM		Lap Swim	Open Swim		Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim Private			11-12 PM
12-1 PM	wim														12-1 PM
1-2 PM	Open Swim												Open Swim	E	1-2 PM
2-3 PM														Lap Swim	2-3 PM
3-4 PM													ō	3-4 PM	
4-5 PM	Cardio				Cardio			Lessons lessons			Closed				4-5 PM
5-6 PM	Splash E	Piranhas			Piranhas Piranhas	anhas anhas		Private Swim Lessons Drivate Swim Lessons	Pirnahas				Closed		5-6 PM
6-7 PM	S			Sv privat	S	Pir		Privat	Pira		1 2 3 4 5 6 7 8 1 2 3			4 5 6 7 8	6-7 PM
7-8 PM	Open				Open				Closed		Summer is coming! Sign up for swim lessons!!				
8-9 PM	Clo	osed	Cl	Closed		Closed		Closed		Closed		We close at 1pm on June 19th.			
Lane #	1234	4 5 6 7 8	123	4 5 6 7 8		4 5 6 7 8		4 5 6 7 8		4 5 6 7 8			19(
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CORPENING MEMORIAL YMCA 348 Grace Corpening Marion NC 28752

MAX CAPACITY: 50 | Please note the schedule and lane space is subject to change at any time.

LIFEGUARD BREAK: Our Y is a one-guard pool. Lifeguards have the ability to close the pool for 10 minutes in the event that they need a break and have no coverage. Please respect the lifeguard and <u>obey all directions.</u>

LAP LANES

Lap lanes are for continuous lap swimming only including standard strokes and kicking. Please use open swim times/independent exercise for water jogging, water walking, etc. Lap swimmers should share the lanes with other members in a respectful manner.

EQUIPMENT

Kickboards, pull buoys and fins are for lap swim use only.

Noodles are to be used for flotation and exercise classes only.

Approved lifejackets are available for use.

Equipment should not be used to roughhouse or for horseplay.

SWIM TEST

Any child under the age of 13 wishing to swim **in water deeper than chest depth** must pass the swim test or wear a lifejacket:

- Start in shallow end
- Swim 25 yards
- Climb out, jump in deep end
- Tread water for 1 minute

Swim tests must be repeated every visit. The lifeguard has the authority to withhold or revoke access to any area of the pool to maintain safety.

ANSWERING THE CALL

60% of youth DROWNING INCIDENTS OCCUR WITHIN 10 FT. OF SAFETY WWW.uelekka.org/ute



88% of children who drown Are under SOME FORM OF SUPERVISION

Drowning is the leading cause of unintentional injury death among children aged 1-4 years and one of the top three causes among persons aged ≤29 years.

www.cdc.gov

POOL RULES

Shower before entering the pool and after the use of toilet

facilities. After showering, please dry off completely when exiting the showers into the locker room area.

- Inflatable flotation devices are not permitted
- Walk
- Do not engage in rough play
- Please do not enter the pool if you have a communicable disease or open cut
- No glass, food, gum, tobacco, or animals are allowed on the pool deck
- Proper swim attire must be worn at all times

- Children not toilet-trained are required to wear a swim diaper covered by a tight topped suit or plastic pants- please ask for one if you do not have one

- Diaper changing on the pool deck is not permitted
- Please obey all requests made by lifeguards
- Cameras, **cell phones**, and other electronic devices are not allowed on the pool deck
- Street shoes are not allowed on the deck
- Photography on the pool deck is prohibited

CHILD SUPERVISION

Children Ages 0–6: An adult must be within arm's reach of the child at all times.

Children Ages 7–9: If the child passes the swim test, they may be in the pool with a responsible adult in the pool area. Otherwise a guardian must be in the pool.

Children Ages 10–12: If a child passes the swim **test**, they may be in the pool alone. A responsable adult must be in the building. If they don't pass the swim test, and adult must be with them in the water or they must wear a lifejacket.