



Schedule subject to change without notice due to staffing and weather

Asheville YMCA

Monday June 2 - Sunday June 15

Announcements:
It's our busy season! Expect schedule changes and additional programming.

South Pool																																													
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time																
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane																
6a-7a	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6a-7a																
7a-8a																					Ind	Lap Swim 7:30-8:20a							7a-8a																
8a-9a																													8a-9a																
9a-10a	Hydro Burn				Hydro Burn				Hydro Burn				Deep Water Fitness				Swim Lessons (Only) 8:30a-12:15p				9a-10a																								
10a-11a	Hydro Burn				Cardio Splash				Hydro Burn				Cardio Splash								10a-11a																								
11a-12p	Fluid Movement				Cardio Splash				Fluid Movement				Cardio Splash								11a-12p																								
12p-1p	Ind. Ex.	Lap Swim 11:40a- 1:50p			Ind. Ex.	Lap Swim 11a- 1:50p			Ind. Ex.	Lap Swim 11:40a- 1:50p			Ind. Ex.	Lap Swim 11a- 2:50p			Ind. Ex.	Lap Swim 11:40a- 1:50p			Open Swim 12:15p-4p								12p-1p																
1p-2p																									1p-2p																				
2p-3p	Hydro Burn				Family/Open 2p-4p				Hydro Burn				Hydro Burn				Hydro Burn				Open Swim 12:15p-4p				Open Swim 1p-3p				2p-3p																
3p-4p	Family/Open 3p-6:30p				Family/Open 2p-4p				Family/Open				Family/Open 3p-6:30p				Family/Open 3p-6:30p				Open Swim 12:15p-4p				Lap Swim 3:10p-4:30p				3p-4p																
4p-5p																									Swim Lessons (Only) 4p-6:35p				Swim Lessons (Only) 4p-6:35p				Family/Open 3p-6:30p				Family/Open 3p-6:30p				Ind Ex.	Lap Swim 4:10- 6:30p			4p-5p
5p-6p																																													Swim Lessons (Only) 4p-6:35p
6p-7p	Ind	Lap Swim 6:30p- 8:30p			Ind	Lap Swim 6:30p- 8:30p			Ind	Lap Swim 6:30p- 8:30p			Ind	Lap Swim 6:30p- 8:30p			Closed				6p-7p																								
7p-8:30p																					7p-8:30p																								
North Pool																																													
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time																
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane																
6a-8a	Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-5p				Closed				Closed				6a-8a																
8a-10a																					Closed								8a-10a																
10a-12p																					Closed								Closed				Closed				10a-12p								
12p-2p																					Closed								Closed				Closed				Closed				12p-2p				
2p-4p																					Closed								Closed				Closed				Closed				Closed				2p-4p
4p-6p	Piranhas Swim Team				Swim Team				Piranhas Swim Team				Swim Team				Reg. Req. See Below				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				4p-6p																
6p- 8:30p	Lap Swim 6p-8:30p				4p-7:30p				Lap Swim 6p-7:15p				4p-7:30p				Open Kayak 5:45p-7:15p								Closed				6p- 8:30p																
	Lap Swim				Water Polo				Lap Swim				Closed				Closed				Closed				Closed																				
>>To register for open kayak please visit ymcawnc.org/programs-search <<																																													
	Lap Swim				Independent Ex.				Swim Team				Family/Open Swim				Family Swim and Open Swim are open to all. Independent Ex. is limited to adults only.																												
	Group Ex				Swim Lessons				Specialty																																				

We still need more lifeguards! Willing to help out just 1 shift a week (3-5hrs)? See back for details and how to apply.

SWIM INTO PERKS AND PURPOSE



Lifeguards and Swim Instructor Positions YMCA OF WESTERN NORTH CAROLINA

Looking for a job that isn't about scrolling or spreadsheets? Join the YMCA Aquatics Team — we'll even cover your certification!

- Free Y membership
- Digital detox, real-life focus
- Flexible Schedules
- Gain valuable life skills (leadership, independence, responsibility)
- Oh, and yeah... there are bonuses too

Excellent for students, teachers, parents and anyone who likes to make a splash — metaphorically and literally.



**BONUS DETAILS
AND APPLY AT:**
ymcawnc.org/careers

