



Schedule subject to change without notice due to staffing and weather

Asheville YMCA

Monday June 23-
Sunday June 29

Announcements:
Swim team will return to North Pool in September.

South Pool																																	
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6a-7a	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Closed				Closed				6a-7a				
7a-8a	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Ind.	Lap Swim 7:30-8:20a			Closed				7a-8a				
8a-9a	Ind. Ex.	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Open Swim	Lap Swim 6a-9:20a			Ind. Ex.	Lap Swim 6a-8:50a			Ind. Ex.	Lap Swim 6a-8:20a			Ind.	Lap Swim 7:30-8:20a			Closed				8a-9a				
9a-10a	Hydro Burn				Hydro Burn				Hydro Burn				Hydro Burn				Deep Water Fitness				Swim Lessons (Only) 8:30a-12:15p				Closed				9a-10a				
10a-11a	Hydro Burn				Cardio Splash				Hydro Burn				Cardio Splash				Cardio Splash				Swim Lessons (Only) 8:30a-12:15p				Closed				10a-11a				
11a-12p	Fluid Movement				Cardio Splash				Fluid Movement				Cardio Splash				Fluid Movement				Swim Lessons (Only) 8:30a-12:15p				Closed				11a-12p				
12p-1p	Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap 11a-12:15			Ind. Ex.	Lap Swim 11:40a-1:50p			Ind. Ex.	Lap 11a-12:15			Ind. Ex.	Camp			Ind. Ex.	Lap Swim 11:40a-1:50p			Open Swim 12:15p-4p				12p-1p				
1p-2p	Ind. Ex.	Lap Swim 11:40a-1:50p			Horizons Swim Program				Ind. Ex.	Lap Swim 11:40a-1:50p			Horizons Swim Program				Ind. Ex.	Lap Swim 11:40a-1:50p			Open Swim 12:15p-4p				Open Swim 1p-3p				1p-2p				
2p-3p	Hydro Burn				Family/Open 2p-4p				Hydro Burn				Family/Open 2p-6:30p				Hydro Burn				Open Swim 12:15p-4p				Open Swim 1p-3p				2p-3p				
3p-4p	Family/Open				Family/Open 2p-4p				Family/Open				Family/Open 2p-6:30p				Family/Open 3p-6:30p				Ind.	Lap Swim 3:10p-4:30p			Open Swim 1p-3p				3p-4p				
4p-5p	Swim Lessons (Only) 4p-6:35p				Swim Lessons (Only) 4p-6:35p				Swim Lessons (Only) 4p-6:35p				Family/Open 2p-6:30p				Family/Open 3p-6:30p				Ind. Ex.	Lap Swim 4:10-6:30p			Open Swim 1p-3p				4p-5p				
5p-6p	Swim Lessons (Only) 4p-6:35p				Swim Lessons (Only) 4p-6:35p				Swim Lessons (Only) 4p-6:35p				Family/Open 2p-6:30p				Family/Open 3p-6:30p				Ind. Ex.	Lap Swim 4:10-6:30p			Open Swim 1p-3p				5p-6p				
6p-7p	Ind.	Lap Swim 6:30p-8:30p			Ind.	Lap Swim 6:30p-8:30p			Ind.	Lap Swim 6:30p-8:30p			Ind.	Lap Swim 6:30p-8:30p			Ind.	Lap Swim 6:30p-8:30p			Closed				Closed				6p-7p				
7p-8:30p	Ind.	Lap Swim 6:30p-8:30p			Ind.	Lap Swim 6:30p-8:30p			Ind.	Lap Swim 6:30p-8:30p			Ind.	Lap Swim 6:30p-8:30p			Ind.	Lap Swim 6:30p-8:30p			Close @7:30p				Closed				7p-8:30p				

North Pool																																	
Time	Monday				Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6a-8a	Lap Swim 6a-8:30p				Lap Swim 6a-8:30p				Lap Swim 6a-7:15p				Lap Swim 6a-8:30p				Lap Swim 6a-5:40p				Closed				Closed				6a-8a				
8a-10a	Lap Swim 6a-8:30p				Lap Swim 6a-8:30p				Lap Swim 6a-7:15p				Lap Swim 6a-8:30p				Lap Swim 6a-5:40p				Lap Swim 7:30a-6:30p				Closed				8a-10a				
10a-12p	Lap Swim 6a-8:30p				Lap Swim 6a-8:30p				Lap Swim 6a-7:15p				Lap Swim 6a-8:30p				Lap Swim 6a-5:40p				Lap Swim 7:30a-6:30p				Closed				10a-12p				
12p-2p	Lap Swim 6a-8:30p				Lap Swim 6a-8:30p				Lap Swim 6a-7:15p				Lap Swim 6a-8:30p				Lap Swim 6a-5:40p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				12p-2p				
2p-4p	LG Class 2 Lanes 4:30p-8p				LG Class 2 Lanes 4p-8p				LG Class 2 Lanes 4p-7p				LG Class 2 Lanes 4p-8p				LG Class 2 Lanes 4p-8p				LG Class 2 Lanes 8a-2p				Lap Swim 1p-4:30p				2p-4p				
4p-6p	LG Class 2 Lanes 4:30p-8p				LG Class 2 Lanes 4p-8p				LG Class 2 Lanes 4p-7p				LG Class 2 Lanes 4p-8p				LG Class 2 Lanes 4p-8p				LG Class 2 Lanes 8a-2p				Lap Swim 1p-4:30p				4p-6p				
6p-8:30p	LG Class 2 Lanes 4:30p-8p				LG Class 2 Lanes 4p-8p				Water Polo				LG Class 2 Lanes 4p-8p				Open Kayak 5:45p-7:15p				Closed				Closed				6p-8:30p				

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Ex.	Swim Team	Family/Open Swim	Family Swim and Open Swim are open to all. Independent Ex. is limited to adults only.
Group Ex	Swim Lessons	Specialty		

We're always looking for more lifeguards! If you or someone you know is interested please see back of this schedule for more information!

SWIM INTO PERKS AND PURPOSE



Lifeguards and Swim Instructor Positions YMCA OF WESTERN NORTH CAROLINA

Looking for a job that isn't about scrolling or spreadsheets? Join the YMCA Aquatics Team — we'll even cover your certification!

- Free Y membership
- Digital detox, real-life focus
- Flexible Schedules
- Gain valuable life skills (leadership, independence, responsibility)
- Oh, and yeah... there are bonuses too

Excellent for students, teachers, parents and anyone who likes to make a splash — metaphorically and literally.



**BONUS DETAILS
AND APPLY AT:**
ymcawnc.org/careers

