

January Pool Schedule

** Pool schedule is subject to change without notice due to staffing and weather **

Swim lessons start on 01/06!!

Black Mountain YMCA

Time	Time Monday Tuesday Wednesday Thursday											v	Sunday Time	
									Friday		Saturday			
Lane #	1 2 3	4 5	1 2 3	4 5	1 2 3	4 5	1 2 3	4 5	1 2 3	4 5	1 2 3 4	5 1	1 2 3 4 5	Lane #
6-7 AM	Lap		Lap		Lap		Lap		Lap		Pool			6-7 AM
7-8 AM	Swim		Swim		Swim		Swim		Swim		Closed			7-8 AM
8-9 AM	Lap Swim	EX.	ap im	EX.	ap im	EX.	Lap Swim	EX.	ap im	EX.	ALL Lanes move at 8:50a	Ind Ex.		8-9 AM
9-10 Am	Lanes move at 9:50a	Ind.	Lap Swim	Ind.	Lap Swim	Ind.	La Sw	Ind.	Lap Swim	Ind.		SS	Pool Closed	9-10 AM
10-11 AM	Hydro Burn deep water		Aqua Tabata		Cardio Splash		Cardio Splash		Cardio Splash		Swim O	NS pen		10-11 AM
11-12 PM				_							Opei	۱		11-12 PM
12-1 PM	Swim	Swim	Swim	Swim	Swim	Swim	Swim	Swim		Swim	Swin			12-1 PM
1-2 PM		n S	Sv		01				im				Open	1-2 PM
2-3 PM	ap.	Open	ap.	Open	ap.)pen	ap.	Open	Swim	Open	Pool		Swim	2-3 PM
3-4 PM		O		O		0		O	ap		Close	d	Lap Swim Open	3-4 PM
4-5 PM	Lanes	en ESS	nhas	im	Lanes	SON	has	/im	7	en		ŀ	O P	4-5 PM
5-6 PM	5:20p		Pirar	Sw	5:20p	plash	Piranl	Sw		Ope	SLs we will h Adult DEEP I ONLY Ind. I	ave END	Pool Closed	5-6 PM
6-7 PM	5:30-6:		Lap wim	pen	5:30-6			en			NO RAME ACCESS	_	1 2 3 4 5	6-7 PM
7-7:30 PM	Piranhas Lap	Open	Lap Swim	dO	Piranhas	Open	Lap Swim Oper		Pool				Announcements: Due to swim lessons	
										Ol			and	
Poo					Pool		Pool		Closed				Piranhas pi	
													lane availability will	
Close		ed	d Closed		Closed		Closed						limited	
													the aftern	
Lane #	1 2 3	4 5	1 2 3	4 5	1 2 3	4 5	1 2 3	4 5	1 2 3	4 5	1 2 3 4	5		
Lap Swim Independent Exercise Swim Lessons Open Swim									im					
	Lap Swilli Laberda Swilli Lessons Open Swilli											-1		

Specialty

Safety Around Water

Swim Team

Group Ex



Black Mountain YMCA

POOL HOURS OF OPERATION

MONDAY 6:00a-7:30p

TUESDAY 6:00a-7:30p

WEDNESDAY 6:00a-7:30p

THURSDAY 6:00a-7:30p

FRIDAY 6:00a-6:30p

SATURDAY 8:00a-1:30p

SUNDAY 1:00p-4:30p

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