

December Pool Schedule

Swim lessons Winter I start January 7, 2025. Registration is open!

** Pool schedule is subject to change without notice due to staffing and weather **

Corpening Memorial YMCA

Time	Monday		Tuesday		Wednesday		Thursday			Friday		Saturday		5	Sunday	Time
Lane #	123	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7	8	123	4 5 6 7 8	123	4 5 6 7	8 1 2	3 4 5 6 7 8	Lane #
6-7 AM 7-8 AM	Open Swim Lap Swim		Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim		Open Swim	Lap Swim	Closed				6-7 AM 7-8 AM
8-9 AM	Ope	Lap	Ope	Lap	Ope	Lap	Ope	Lap		Ope	Lap					8-9 AM
9-10 AM	Fluid		Fluid Movement		Fluid Movement		Fluid Movement			uid		S		Closed	9-10 AM	
10-11 AM	Movement		MOVe	ement	Move	ment	MOVe	ment	Lessons	Move	ement	vim	wim			10-11 AM
11-12 PM	Swim	wim	Swim	wim	Swim	wim	Swim	wim	Private Swim	Swim	wim	Open Swim	Lap Swim			11-12 PM
12-1 PM	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Open Swim	Lap Swim	Priva	Open Swim	Lap Swim	0	Lap S			12-1 PM
1-2 PM														vim	Ē	1-2 PM
2-3 PM	Closed													Open Swim)pen Swin Lap Swim	2-3 PM
3-4 PM						_		-						0		3-4 PM
4-5 PM	Cardio Ei Splash S			Lap Swim Piranhas im lecone	Cardio Splash	Lap Swim		Lap Swim Piranhas	n lessons	wim	Ę	Closed			Closed	4-5 PM
5-6 PM		rtans Papers	Open Swim Titans	ans ate cwi	Cardio Splash		Open Swim	P	vim Piranhas private swim lessons	Open Swim	Lap Swim					5-6 PM
6-7 PM	Open Swim	Piranhas		Lap Swim			Ō	Tit Lap Swim	priv			1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8				
7-8 PM								Ľ		Cl	osed	YMCA closes at 4pm christmas eve-closed on December 25,				
8-9 PM	Cl	osed	C	Closed		Closed		Closed							nber 2 Christn	
Lane #	123	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7 8	123	4 5 6 7	8	123	4 5 6 7 8			Da	ay	
				Swim Open Sw							C	Camp Swim				
			Grou	up Ex	Sw	Swim Team		Y Splas			Specialty					

Contact Aquatics Director Bre Treadway with any questions: btreadway@ymcawnc.org

CORPENING MEMORIAL YMCA 348 Grace Corpening Marion NC 28752

MAX CAPACITY: 50 | Please note the schedule and lane space is subject to change at any time.

LIFEGUARD BREAK: Our Y is a one-guard pool. Lifeguards have the ability to close the pool for 10 minutes in the event that they need a break and have no coverage. Please respect the lifeguard and <u>obey all directions.</u>

LAP LANES

Lap lanes are for continuous lap swimming only including standard strokes and kicking. Please use open swim times/independent exercise for water jogging, water walking, etc. Lap swimmers should share the lanes with other members in a respectful manner.

EQUIPMENT

Kickboards, pull buoys and fins are for lap swim use only.

Noodles are to be used for flotation and exercise classes only.

Approved lifejackets are available for use.

Equipment should not be used to roughhouse or for horseplay.

SWIM TEST

Any child under the age of 13 wishing to swim **in water deeper than chest depth** must pass the swim test or wear a lifejacket:

- Start in shallow end
- Swim 25 yards
- Climb out, jump in deep end
- Tread water for 1 minute

Swim tests must be repeated every visit. The lifeguard has the authority to withhold or revoke access to any area of the pool to maintain safety.

ANSWERING THE CALL

60% of youth DROWNING INCIDENTS OCCUR WITHIN 10FFT. OF SAFETY WWW.adekida.org/atte



88% of children who drown Are under SOME FORM OF SUPERVISION

Drowning is the leading cause of unintentional injury death among children aged 1-4 years and one of the top three causes among persons aged ≤29 years.

www.cdc.gov

POOL RULES

Shower before entering the pool and after the use of toilet

facilities. After showering, please dry off completely when exiting the showers into the locker room area.

- Inflatable flotation devices are not permitted
- Walk
- Do not engage in rough play
- Please do not enter the pool if you have a communicable disease or open cut
- No glass, food, gum, tobacco, or animals are allowed on the pool deck
- Proper swim attire must be worn at all times
- Children not toilet-trained are required to wear a swim diaper covered by a tight topped suit or plastic pants- please ask for one if you do not have one
- Diaper changing on the pool deck is not permitted
- Please obey all requests made by lifeguards
- Cameras, cell phones, and other electronic devices are not allowed on the pool deck
- Street share are not allowed on
- Street shoes are not allowed on the deck
 Photography on the pool deck is prohibited

CHILD SUPERVISION

Children Ages 0–6: An adult must be within arm's reach of the child at all times.

Children Ages 7–9: If the child passes the swim test, they may be in the pool with a responsible adult in the pool area. Otherwise a guardian must be in the pool.

Children Ages 10–12: If a child passes the swim **test**, they may be in the pool alone. A responsable adult must be in the building. If they don't pass the swim test, and adult must be with them in the water or they must wear a lifejacket.