



December Pool Schedule

** Pool schedule is subject to change without notice due to staffing and weather

Welcome Back!
We Missed You

Black Mountain YMCA

| Time | Monday | | | | | Tuesday | | | | | Wednesday | | | | | Thursday | | | | | Friday | | | | | Saturday | | | | | Sunday | | | | | Time | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------|-----------------------|---|----------|---|---|---------------------|---|----------|----------|---|---------------------|---------------------|----------|----------|---|---------------------|----------|----------|----------|--------|---------------------|---|----------|-------------|--------|----------------------|---|----------------------|-----------|--------|--|--------|----------|---------|--------|------------------------|--|-------------|--|--|---|--|--|--|--|------------------------------|--|--|--|--|--------------------------------------|--|--|--|--|-----------------------------------|--|--|--|--|
| | Lane # | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | 1 | 2 | 3 | 4 | 5 | Lane # | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6-7 AM | Lap Swim | | | | | Lap Swim | | | | | Lap Swim | | | | | Lap Swim | | | | | Lap Swim | | | | | Pool Closed | | | | | 6-7 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7-8 AM | Lap Swim | | | | | Lap Swim | | | | | Lap Swim | | | | | Lap Swim | | | | | Lap Swim | | | | | Pool Closed | | | | | 7-8 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8-9 AM | Lap Swim | | Ind. EX. | | | Lap Swim | | Ind. EX. | | | Lap Swim | | Ind. EX. | | | Lap Swim | | Ind. EX. | | | Lap Swim | | Ind. EX. | | | Lap Swim | | Independent Exercise | | | 8-9 AM | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9-10 AM | Lanes move at 9:50a | | Ind. EX. | | | Lanes move at 9:50a | | Ind. EX. | | | Lanes move at 9:50a | | Ind. EX. | | | Lanes move at 9:50a | | Ind. EX. | | | Lanes move at 9:50a | | Ind. EX. | | | Lanes move at 10:50a | | Lap Swim | | | Independent Exercise | | | 9-10 AM | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10-11 AM | Hydro Burn deep water | | | | | Aqua Tabata | | | | | Cardio Splash | | | | | Cardio Splash | | | | | Cardio Splash | | | | | Lanes move at 10:50a | | | | | Independent Exercise | | | | | 10-11 AM | | | | | | | | | | | | | | | | | | | | | | | | |
| 11-12 PM | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Family Swim | | | | | 11-12 PM | | | | | | | | | | | | | | | | | | | | | | | | |
| 12-1 PM | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Family Swim | | | | | 12-1 PM | | | | | | | | | | | | | | | | | | | | | | | | |
| 1-2 PM | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Family Swim | | | | | 1-2 PM | | | | | | | | | | | | | | | | | | | | | | | | |
| 2-3 PM | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Pool Closed | | | | | Family Swim | | | | | 2-3 PM | | | | | | | | | | | | | | | | | | | |
| 3-4 PM | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Lap Swim | | | | | Family Swim | | | | | Pool Closed | | | | | Lap Swim | | Family Swim | | | 3-4 PM | | | | | | | | | | | | | | | | | | | |
| 4-5 PM | Lanes move at 5:20p | | Lap Swim | | | Piranhas | | | Family | | | Lanes move at 5:20p | | Lap Swim | | | Piranhas | | | Family | | | Lap Swim | | Family | | | Lap Swim | | Family | | | Lap Swim | | Family | | | 4-5 PM | | | | | | | | | | | | | | | | | | | | | | |
| 5-6 PM | Aqua Tabata | | | | | Piranhas | | | | | Family | | | | | Cardio Splash | | | | | Piranhas | | | | | Family | | | | | Lap Swim | | | | | Family | | | | | During Group SLs we will have Adult DEEP END ONLY Ind. EX. NO RAMP ACCESS | | | | | Pool Closed | | | | | 5-6 PM | | | | | | | | | |
| 6-7 PM | Piranhas | | Lap | | | Family | | | Lap Swim | | Family | | | Piranhas | | Family | | | Lap Swim | | Family | | | Pool Closed | | | | | 1 2 3 4 5 | | | | | 6-7 PM | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7-7:30 PM | Piranhas | | | | | Lap Swim | | | | | Family | | | | | Lap Swim | | | | | Family | | | | | Lap Swim | | | | | Family | | | | | Pool Closed | | | | | 7-7:30 PM | | | | | | | | | | | | | | | | | | | |
| | Pool Closed | | | | | Pool Closed | | | | | Pool Closed | | | | | Pool Closed | | | | | Pool Closed | | | | | Pool Closed | | | | | Open swim has been renamed to Family swim. Everyone is still welcome to use our pool during those times. | | | | | YMCA WNC HOLIDAY HOURS | | | | | Christmas Eve 12/24 - Closes at 4pm | | | | | Christmas Day 12/25 - Closed | | | | | New Year's Eve 12/31 - Closes at 4pm | | | | | New Year's Day 1/1 - Opens at 8am | | | | |

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| Lap Swim | Independent Exercise | Swim Lessons | Family Swim |
| Group Ex | Swim Team | Specialty | Safety Around Water |

Contact Aquatics Manager Madison Swickle with any questions: mswickle@ymcawnc.org