



# December 23rd-29th

*\*Pool schedule is subject to change without notice due to staffing and weather\**

**Pool closes at 3:30p on Tuesday and all day Wednesday**

## Asheville YMCA

### South Pool

| Time      | Monday         |                       |   |   | Tuesday            |                    |   |                 | Wednesday       |   |   |                  | Thursday         |                   |                    |               | Friday        |                     |   |            | Saturday            |                     |   |                     | Sunday               |        |   |          | Time            |          |   |                 |           |  |  |        |
|-----------|----------------|-----------------------|---|---|--------------------|--------------------|---|-----------------|-----------------|---|---|------------------|------------------|-------------------|--------------------|---------------|---------------|---------------------|---|------------|---------------------|---------------------|---|---------------------|----------------------|--------|---|----------|-----------------|----------|---|-----------------|-----------|--|--|--------|
| Lane      | 1              | 2                     | 3 | 4 | 1                  | 2                  | 3 | 4               | 1               | 2 | 3 | 4                | 1                | 2                 | 3                  | 4             | 1             | 2                   | 3 | 4          | 1                   | 2                   | 3 | 4                   | 1                    | 2      | 3 | 4        | 1               | 2        | 3 | 4               | Lane      |  |  |        |
| 6-7 AM    | Ind. Ex.       | Lap Swim 6a-9:20a     |   |   | Ind. Ex.           | Lap Swim 6a-8:50a  |   |                 | Holiday Closure |   |   |                  | Ind. Ex.         | Lap Swim 6a-8:50a |                    |               | Ind. Ex.      | Lap Swim 6a-8:20a   |   |            | Closed              |                     |   |                     | Closed               |        |   |          | 6-7 AM          |          |   |                 |           |  |  |        |
| 7-8 AM    | Ind. Ex.       | Lap Swim 6a-9:20a     |   |   | Ind. Ex.           | Lap Swim 6a-8:50a  |   |                 | Holiday Closure |   |   |                  | Ind. Ex.         | Lap Swim 6a-8:50a |                    |               | Ind. Ex.      | Lap Swim 6a-8:20a   |   |            | Ind. Ex.            | Lap Swim 7:30-8:50a |   |                     | Closed               |        |   |          | Closed          |          |   |                 | 7-8 AM    |  |  |        |
| 8-9 AM    | Ind. Ex.       | Lap Swim 6a-9:20a     |   |   | Ind. Ex.           | Lap Swim 6a-8:50a  |   |                 | Holiday Closure |   |   |                  | Ind. Ex.         | Lap Swim 6a-8:50a |                    |               | Ind. Ex.      | Lap Swim 6a-8:20a   |   |            | Ind. Ex.            | Lap Swim 7:30-8:50a |   |                     | Closed               |        |   |          | Closed          |          |   |                 | 8-9 AM    |  |  |        |
| 9-10 AM   | Hydro Burn     |                       |   |   | Hydro Burn         |                    |   | Holiday Closure |                 |   |   | Hydro Burn       |                  |                   | Deep Water Fitness |               |               | Open Swim 9a-12:45p |   |            |                     | Lap Swim            |   |                     |                      | Closed |   |          |                 | 9-10 AM  |   |                 |           |  |  |        |
| 10-11 AM  | Hydro Burn     |                       |   |   | Hydro Burn         |                    |   | Holiday Closure |                 |   |   | Hydro Burn       |                  |                   | Cardio Splash      |               |               | Open Swim 9a-12:45p |   |            |                     | Lap Swim            |   |                     |                      | Closed |   |          |                 | 10-11 AM |   |                 |           |  |  |        |
| 11-12 PM  | Fluid Movement |                       |   |   | Cardio Splash      |                    |   | Holiday Closure |                 |   |   | Cardio Splash    |                  |                   | Fluid Movement     |               |               | Open Swim 9a-12:45p |   |            |                     | Lap Swim            |   |                     |                      | Closed |   |          |                 | 11-12 PM |   |                 |           |  |  |        |
| 12-1 PM   | Ind. Ex.       | Lap Swim 11:30a-1:50p |   |   | Ind. Ex.           | Lap Swim 11a-3:30p |   |                 | Holiday Closure |   |   |                  | Closed 11a-4:00p |                   |                    |               | Closed 12p-2p |                     |   |            | Open Swim 9a-12:45p |                     |   |                     | Lap Swim             |        |   |          | Closed          |          |   |                 | 12-1 PM   |  |  |        |
| 1-2 PM    | Ind. Ex.       | Lap Swim 11:30a-1:50p |   |   | Ind. Ex.           | Lap Swim 11a-3:30p |   |                 | Holiday Closure |   |   |                  | Closed 11a-4:00p |                   |                    |               | Closed 12p-2p |                     |   |            | Open Swim 9a-12:45p |                     |   |                     | Lap Swim             |        |   |          | Open Swim 1p-3p |          |   |                 | 1-2 PM    |  |  |        |
| 2-3 PM    | Hydro Burn     |                       |   |   | Lap Swim 11a-3:30p |                    |   | Holiday Closure |                 |   |   | Closed 11a-4:00p |                  |                   |                    | Closed 12p-2p |               |                     |   | Hydro Burn |                     |                     |   | Open Swim 9a-12:45p |                      |        |   | Lap Swim |                 |          |   | Open Swim 1p-3p |           |  |  | 2-3 PM |
| 3-4 PM    | Closed 3p      |                       |   |   | Holiday Closure    |                    |   |                 | Holiday Closure |   |   |                  | Closed 11a-4:00p |                   |                    |               | Closed 12p-2p |                     |   |            | Closed              |                     |   |                     | Lap Swim 3:10p-4:30p |        |   |          | Closed          |          |   |                 | 3-4 PM    |  |  |        |
| 4-5 PM    | Closed 3p      |                       |   |   | Holiday Closure    |                    |   |                 | Holiday Closure |   |   |                  | Closed 11a-4:00p |                   |                    |               | Closed 12p-2p |                     |   |            | Closed              |                     |   |                     | Lap Swim 3:10p-4:30p |        |   |          | Closed          |          |   |                 | 4-5 PM    |  |  |        |
| 5-6 PM    | Closed 3p      |                       |   |   | Holiday Closure    |                    |   |                 | Holiday Closure |   |   |                  | Closed 11a-4:00p |                   |                    |               | Closed 12p-2p |                     |   |            | Closed              |                     |   |                     | Lap Swim 3:10p-4:30p |        |   |          | Closed          |          |   |                 | 5-6 PM    |  |  |        |
| 6-7 PM    | Closed 3p      |                       |   |   | Holiday Closure    |                    |   |                 | Holiday Closure |   |   |                  | Closed 11a-4:00p |                   |                    |               | Closed 12p-2p |                     |   |            | Closed              |                     |   |                     | Lap Swim 3:10p-4:30p |        |   |          | Closed          |          |   |                 | 6-7 PM    |  |  |        |
| 7-8:30 PM | Closed 3p      |                       |   |   | Holiday Closure    |                    |   |                 | Holiday Closure |   |   |                  | Closed 11a-4:00p |                   |                    |               | Closed 12p-2p |                     |   |            | Closed              |                     |   |                     | Lap Swim 3:10p-4:30p |        |   |          | Closed          |          |   |                 | 7-8:30 PM |  |  |        |

### North Pool

| Time      | Monday             |   |   |   | Tuesday        |   |   |   | Wednesday       |   |   |   | Thursday        |   |   |   | Friday            |   |   |   | Saturday               |   |   |   | Sunday               |   |   |   | Time              |   |   |   |          |  |  |  |           |
|-----------|--------------------|---|---|---|----------------|---|---|---|-----------------|---|---|---|-----------------|---|---|---|-------------------|---|---|---|------------------------|---|---|---|----------------------|---|---|---|-------------------|---|---|---|----------|--|--|--|-----------|
| Lane      | 1                  | 2 | 3 | 4 | 1              | 2 | 3 | 4 | 1               | 2 | 3 | 4 | 1               | 2 | 3 | 4 | 1                 | 2 | 3 | 4 | 1                      | 2 | 3 | 4 | 1                    | 2 | 3 | 4 | 1                 | 2 | 3 | 4 | Lane     |  |  |  |           |
| 6-8 AM    | Lap Swim 6a-10:45a |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Lap Swim 6a-11a |   |   |   | Closed            |   |   |   | Closed                 |   |   |   | Closed               |   |   |   | Closed            |   |   |   | 6-8 AM   |  |  |  |           |
| 8-10 AM   | Lap Swim 6a-10:45a |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Lap Swim 6a-11a |   |   |   | Closed            |   |   |   | Closed                 |   |   |   | Closed               |   |   |   | Closed            |   |   |   | 8-10 AM  |  |  |  |           |
| 10-12 PM  | Lap Swim 6a-10:45a |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Lap Swim 6a-11a |   |   |   | Closed            |   |   |   | Closed                 |   |   |   | Closed               |   |   |   | Closed            |   |   |   | 10-12 PM |  |  |  |           |
| 12-2 PM   | Closed             |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Closed          |   |   |   | Lap Swim 11a-2p   |   |   |   | Lap Swim 12:45-4:15p   |   |   |   | Lap Swim 1p-4:30p    |   |   |   | Closed            |   |   |   | 12-2 PM  |  |  |  |           |
| 2-4 PM    | Closed             |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Closed          |   |   |   | Closed            |   |   |   | Lap Swim 12:45-4:15p   |   |   |   | Lap Swim 1p-4:30p    |   |   |   | Closed            |   |   |   | 2-4 PM   |  |  |  |           |
| 4-6 PM    | Piranhas Swim Team |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Lap Swim 4p-6p  |   |   |   | Lap Swim 4p-5:20p |   |   |   | Lap Swim 12:45-4:15p   |   |   |   | Lap Swim 1p-4:30p    |   |   |   | Closed            |   |   |   | 4-6 PM   |  |  |  |           |
| 6-8:30 PM | Lap Swim 6p-8:30p  |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Lap Swim 4p-6p  |   |   |   | Lap Swim 4p-5:20p |   |   |   | Open Kayak 5:30p-7:15p |   |   |   | Lap Swim 12:45-4:15p |   |   |   | Lap Swim 1p-4:30p |   |   |   | Closed   |  |  |  | 6-8:30 PM |
|           | Lap Swim 6p-8:30p  |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Lap Swim 4p-6p  |   |   |   | Lap Swim 4p-5:20p |   |   |   | Open Kayak 5:30p-7:15p |   |   |   | Lap Swim 12:45-4:15p |   |   |   | Lap Swim 1p-4:30p |   |   |   | Closed   |  |  |  |           |
|           | Lap Swim 6p-8:30p  |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Lap Swim 4p-6p  |   |   |   | Lap Swim 4p-5:20p |   |   |   | Open Kayak 5:30p-7:15p |   |   |   | Lap Swim 12:45-4:15p |   |   |   | Lap Swim 1p-4:30p |   |   |   | Closed   |  |  |  |           |
|           | Lap Swim 6p-8:30p  |   |   |   | Lap Swim 6a-2p |   |   |   | Holiday Closure |   |   |   | Lap Swim 4p-6p  |   |   |   | Lap Swim 4p-5:20p |   |   |   | Open Kayak 5:30p-7:15p |   |   |   | Lap Swim 12:45-4:15p |   |   |   | Lap Swim 1p-4:30p |   |   |   | Closed   |  |  |  |           |

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|          |                      |           |           |
|----------|----------------------|-----------|-----------|
| Lap Swim | Independent Exercise | Swim Team | Open Swim |
| Group Ex | Swim Lessons         | Specialty |           |

Contact Aquatics Director Emily McGlynn with any questions: [emcglynn@ymcawnc.org](mailto:emcglynn@ymcawnc.org)

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