

## **November Pool Schedule**

\*\* Pool schedule is subject to change without notice due to staffing and weather \*\*

ALL YMCA WNC Centers are closed on Nov 28th for Thanksgiving.

# **Corpening Memorial YMCA**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time
Lane #		<del>                                     </del>						
6-7 AM	_		_	_	_		. 2 3 4 3 0 7 8	6-7 AM
7-8 AM	n Swim	n Swim Swim	)pen Swim Lap Swim	n Swim Swim	n Swim Swim	Closed		7-8 AM
8-9 AM	Open	Open Lap 9	Open Lap 9	Open Lap 9	Open Lap 9			8-9 AM
9-10 AM	Fluid Movement	Fluid Movement	Fluid Movement	Fluid Movement	Fluid Movement	o l	Closed	9-10 AM
10-11 AM	_			Superior	Movement	n Swim Swim		10-11 AM
11-12 PM	Swim Swim	Swim	Swim	sn Swim Swim	Swim	(1)		11-12 PM
12-1 PM	)pen (	Open Swin Lap Swim	Open Swin Lap Swim	Open Swin Lap Swim	Open Swin Lap Swim	Opé		12-1 PM
1-2 PM	lo l	O		0	0		Swim Swim	1-2 PM
2-3 PM	Closed							2-3 PM
3-4 PM							Open Lap 9	3-4 PM
4-5 PM	Open Lap Cardio	Swim Swim Swim Sandara	Open Lap Cardio	Swim Swim Supplies	Swim	Closed		4-5 PM
5-6 PM	Splash S C C C C C C C C C C C C C C C C C C	hhas	h	hhas	en Swim p Swim		Closed	5-6 PM
6-7 PM	Open Swim Titans Piral	Open Swim Titans Pirat	Open Swim Titans Pirar	Open Swim Titans Pirar	Open Lap S	1 2 3 4 5 6 7 8 1	. 2 3 4 5 6 7 8	6-7 PM
7-8 PM	Ope	Ope	Ope	Ope		ALL YMCA WNC Centers are closed on November 28th for Thanksgiving.  The pool opens at 8am on Nov 29th.		
8-9 PM					Closed			
	Closed	Closed	Closed	Closed				
Lane #	1 2 3 4 5 6 7 6	8 1 2 3 4 5 6 7 0	1234567812345678122456			**Piranhas practice starts October 28th**		
Lane #	1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 1 2 3 4 5 6 7 8 28th**  Lap Swim Open Swim Swim Lessons Camp Swim							
		Group Ex	Swim Tean			Specialty	†	

#### CORPENING MEMORIAL YMCA

348 Grace Corpening Marion NC 28752

MAX CAPACITY: 50 | Please note the schedule and lane space is subject to change at any time.

LIFEGUARD BREAK: Our Y is a one-guard pool. Lifeguards have the ability to close the pool for 10 minutes in the event that they need a break and have no coverage. Please respect the lifeguard and obey all directions.

#### LAP LANES

Lap lanes are for continuous lap swimming only—including standard strokes and kicking. Please use open swim times/independent exercise for water jogging, water walking, etc. Lap swimmers should share the lanes with other members in a respectful manner.

#### **EQUIPMENT**

Kickboards, pull buoys and fins are for lap swim use only.

Noodles are to be used for flotation and exercise classes only.

Approved lifejackets are available for use. Equipment should not be used to roughhouse or for horseplay.

#### **SWIM TEST**

Any child under the age of 13 wishing to swim **in** water deeper than chest depth must pass the swim test or wear a lifejacket:

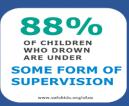
- Start in shallow end
- Swim 25 yards
- Climb out, jump in deep end
- Tread water for 1 minute

Swim tests must be repeated every visit. The lifeguard has the authority to withhold or revoke access to any area of the pool to maintain safety.

### **ANSWERING THE CALL**







Drowning is the leading cause of unintentional injury death among children aged 1-4 years and one of the top three causes among persons aged ≤29 years.

www.cdc.gov

#### **POOL RULES**

Shower before entering the pool and after the use of toilet facilities.

After showering, please dry off completely when exiting the showers into the locker room area.

- Inflatable flotation devices are not permitted
- Walk
- Do not engage in rough play
- Please do not enter the pool if you have a communicable disease or open cut
- No glass, food, gum, tobacco, or animals are allowed on the pool deck
- Proper swim attire must be worn at all times
- Children not toilet-trained are required to wear a swim diaper covered by a tight topped suit or plastic pants- please ask for one if you do not have one
- Diaper changing on the pool deck is not permitted
- Please obey all requests made by lifeguards
- Cameras, cell phones, and other electronic devices are not allowed on the pool deck
- Street shoes are not allowed on the deck
- Photography on the pool deck is prohibited CHILD SUPERVISION

Children Ages 0–6: An adult must be within arm's reach of the child at all times.

Children Ages 7–9: If the child passes the swim test, they may be in the pool with a responsible adult in the pool area. Otherwise a guardian must be in the pool.

Children Ages 10–12: If a child passes the swim **test**, they may be in the pool alone. A responsable adult must be in the building. If they don't pass the swim test, and adult must be with them in the water or they must wear a lifejacket.