



September Pool Schedule

*** Pool schedule is subject to change without notice due to staffing and weather ***

Corpening Memorial YMCA

Time	Monday							Tuesday								Wednesday								Thursday								Friday								Saturday								Sunday						Time																																																																																																								
Lane #	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	Lane #																																																																																															
6-7 AM	Open Swim							Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Closed								Closed						6-7 AM																																																																																																
7-8 AM	Open Swim							Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Closed								Closed						7-8 AM																																																																																																
8-9 AM	Open Swim							Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Closed								Closed						8-9 AM																																																																																																
9-10 AM	Fluid Movement							Fluid Movement								Fluid Movement								Fluid Movement								Fluid Movement								Closed								Closed						9-10 AM																																																																																																								
10-11 AM	Open Swim							Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Private Swim Lessons								Open Swim								Lap Swim								Open Swim								Lap Swim								Swim Lessons								Closed						10-11 AM																																																								
11-12 PM	Open Swim							Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Closed						11-12 PM																																																								
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4-5 PM	Cardio Splash							Lap Swim								Open Swim								Swim Lessons								Lap Swim								Cardio Splash								Lap Swim								Open Swim								Swim Lessons								Lap Swim								Open Swim								Lap Swim								Closed								Closed						4-5 PM																																																
5-6 PM	Open Swim							Lap Swim								Open Swim								Swim Lessons								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Closed						5-6 PM																
6-7 PM	Open Swim							Lap Swim								Open Swim								Swim Lessons								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Closed						6-7 PM
7-8 PM	Open Swim							Lap Swim								Open Swim								Swim Lessons								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Open Swim								Lap Swim								Closed						7-8 PM
8-9 PM	Closed							Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed								Closed						8-9 PM																								
Lane #	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	1	2	3	4	5	6	Lane #																																																																																															
	Lap Swim							Open Swim								Swim Lessons								Camp Swim																																																																																																																																						
	Group Ex							Swim Team								Y Splash								Specialty																																																																																																																																						

Contact Aquatics Director Bre Treadway with any questions: btreadway@ymcawnc.org

