



August Gym Schedule

Revised on:
July 25, 2024

Reuter Family YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:30a.m.- 6:00a.m.	Athletic Conditioning 5:45a.m.- 6:30a.m.	Open Gym 5:30a.m.- 6:00a.m.	Open Gym 5:30a.m.- 10:00a.m	Open Gym 5:30a.m.- 6:00a.m.	Open Gym 7:00a.m.- 10:00a.m. (Open Gym hours on 8/3 will end at 9:15am for Pickleball Tournament)	Open Gym 11:00 a.m.-5:45 p.m.
Adult Pick Up (18+) 6:00a.m.- 7:30a.m.	Open Gym 6:30a.m.- 10:00a.m	Adult Pick Up (18+) 6:00a.m.- 7:30a.m.		Adult Pick Up (18+) 6:00a.m.- 7:30a.m.		
Open Gym 7:30a.m.- 10:00a.m.		Open Gym 7:30a.m.- 10:00a.m.		Open Gym 7:30a.m.- 10:00a.m.		
Pickleball 10:00a.m.- 12:30p.m.	Pickleball 10:00a.m.- 12:30p.m.	Pickleball for Beginners 10:00a.m.- 11:30a.m.	Pickleball 10:00a.m.- 12:30p.m.	Pickleball 10:00a.m.- 12:30p.m. Pickleball Tournament on 8/3 from 9:15am-1:00p.m.		
Open Gym 12:30p.m.- 4:30p.m.	Open Gym 12:30p.m.- 8:45p.m.	Open Gym 11:30a.m.- 8:45p.m.	Open Gym 12:30p.m.- 8:45p.m.	Open Gym 12:30p.m.- 8:45p.m.	Open Gym 12:30p.m.- 6:45p.m. (Open Gym on 8/3 will begin at 1pm due to Pick- leball Tourna- ment)	
Volleyball Clinic (8/5 Only) 4:30p.m.- 7:25p.m.						
Open Gym 7:25p.m.- 8:45p.m.						

AGE GUIDELINES

Ages 9 and under: Must be under direct supervision.

Ages 10-12: Must be under direct supervision in certain areas of the building.

Ages 13-15: May be in the building without supervision, after completing an orientation.

Ages 16+: Full facility use; teen orientation encouraged, but not required.

PLEASE REMEMBER THAT OUR GYM IS SHARED BY PROGRAMS, CLASSES, FAMILIES, AND ALL MEMBERS.

SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE DUE TO WEATHER AND/OR SPECIAL EVENTS