



July Gym Schedule

Reuter Family YMCA- July 22-26

Revised on:
July 12, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:30a.m.- 6:00a.m.	Athletic Conditioning 5:45a.m.- 6:30a.m.	Open Gym 5:30a.m.- 6:00a.m.	Open Gym 5:30a.m.- 8:30a.m	Open Gym 5:30a.m.- 6:00a.m.	Open Gym 7:00a.m.- 10:00a.m.	
Adult Pick Up (18+) 6:00a.m.- 7:30a.m.	Open Gym 6:30a.m.- 8:30a.m	Adult Pick Up (18+) 6:00a.m.- 7:30a.m.		Adult Pick Up (18+) 6:00a.m.- 7:30a.m.		
Open Gym 7:30a.m.- 8:30a.m.		Open Gym 7:30a.m.- 8:30a.m.		Open Gym 7:30a.m.- 8:30a.m.		
Pickleball Camp (Full Court) 8:30a.m.- 12:15p.m.	Pickleball Camp (Full Court) 8:30a.m.- 12:15p.m.	Pickleball Camp (Full Court) 8:30a.m.- 12:15p.m.	Pickleball Camp (Full Court) 8:30a.m.- 12:15p.m.	Pickleball Camp (Full Court) 8:30a.m.- 12:15p.m.	Pickleball 10:00a.m.- 12:30p.m.	
Open Gym 12:30p.m.- 4:30p.m.	Open Gym 12:30p.m.- 8:45p.m.	Open Gym 12:30p.m.- 8:45p.m.	Open Gym 12:30p.m.- 8:45p.m.	Open Gym 12:30p.m.- 8:45p.m.	Open Gym 12:30p.m.- 6:45p.m.	Open Gym 11:00 a.m.-5:45 p.m.
Volleyball Clinic 4:30p.m.- 7:15p.m.						
Open Gym 7:15p.m.- 8:45p.m.						

AGE GUIDELINES

Ages 9 and under: Must be under direct supervision.

Ages 10-12: Must be under direct supervision in certain areas of the building.

Ages 13-15: May be in the building without supervision, after completing an orientation.

Ages 16+: Full facility use; teen orientation encouraged, but not required.