

# July Pool Schedule

YMCA closed July 4th Note camp swim time. Influx of children in the pool at this time

Corpening Memorial YMCA											in the pool at this time				
Time	Μ	onday	Tu	iesday	Wednesday		Thursday		Friday		Saturday		Sunday	Time	
Lane #				4 5 6 7 8		4 5 6 7 8					123	4 5 6 7 8	1 2 3 4 5 6 7 8		
5:30 - 6 AM	CLOSED		CL	OSED	CL	LOSED	CL	.OSED	CL	OSED				5:30 - 6AM	
6-7 AM	im	Е	in	ji Ji	<u> </u>	Е	<u>,</u>	, Ĕ	in	Е	C	LOSED		6-7 AM	
7-8 AM	n Swim	Lap Swim	n Swim	Lap Swim	n Swim	Lap Swim	n Swim	Lap Swim	n Swim	Lap Swim				7-8 AM	
8-9 AM	Open	Lap	Open	La	Open	Lap	Open	La	Open	Lap	a	Lap Swim		8-9 AM	
9-10 AM	Fluid Movement 1 Hour. 9:30a		Fluid Movement 1 Hour. 9:30a		Fluid Movement		Fluid Movement		Fluid Mo	ovement	Scub	su	CLOSED	9-10 AM	
10-11 AM						1 Hour. 9:30a		1 Hour. 9:30a		1 Hour. 9:30a		<mark>Swim</mark> Swim Lessons		10-11 AM	
11-12 PM			swim	M Private sw				m Private swim	camp swim		wim	<mark>) Swim</mark> Swim Lu		11-12 PM	
12-1 PM	wim	Swim		Swim	Swim	wim	wim	Swim Priv		wim	Open Swim	Lap		12-1 PM	
1-2 PM	Open Swim	Lap S		Lap S	Open S	Lap Swim	Open Swim	Lap S		Lap Swim	Op		E S Lap	1-2 PM	
2-3 PM	0				0		0						ග් Lap ය Swim	2-3 PM	
3-4 PM													Open Open	3-4 PM	
4-5 PM		Cardio			Cardio			Swim Swim Lessons	im	Lap ج	CI	LOSED		4-5 PM	
5-6 PM	Splash	Lap Swim Piranhas Practice	Open Swim	Lap Swim aue Swith Piranhas Practice	Splash	Lap Swim Piranhas Practice	Open Swim	nhas ctice	Open Swim	Lap Swim Piranhas Practice			CLOSED	5-6 PM	
6-7 PM	Open Swim	J O E E	Open		0)	J Q E E	Open	Ó i -	Ō		1 2 3	4 5 6 7 8	1 2 3 4 5 6 7 8	6-7 PM	
7-8 PM	Ope	ed O Lap Swim		Lap Swim		Lap Swim		Lap Swim	0	0055	POOL HOURS as of June 9th M-Th: 6:00am - 8:00pm				
8-9 PM	CLOSED		CLOSED		CI	CLOSED		CLOSED		CLOSED		Fri: 6:00am - 7:00pm Sat: 8:00am - 3:00pm			
Lane #	123	1 2 3 4 5 6 7 8 1		2345678		1 2 3 4 5 6 7 8		12345678		12345678			00pm - 4:00pm		
	Lap Swim Independent Exercise Swim Lessons Lane availablity and pool schedule are subject to char														
	Aqua Fitness Swim Team Specialty Open Swim Thank you for your understanding.												Rev. 7/1		
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Contact Aquatics Director Bre Treadway with any questions: btreadway@ymcawnc.org

CORPENING MEMORIAL YMCA 348 Grace Corpening Marion NC 28752

MAX CAPACITY: 50 | Please note the schedule and lane space is subject to change at any time.

LIFEGUARD BREAK: Our Y is a one-guard pool. Lifeguards have the ability to close the pool for 10 minutes in the event that they need a break and have no coverage. Please respect the lifeguard and <u>obey all directions.</u>

### **POOL RULES**

Shower before entering the pool and after the use of toilet facilities. After showering, please dry off completely when exiting the showers into the locker room area.

Inflatable flotation devices are not permitted.

Walk. Do not engage in rough play.

Please do not enter the pool if you have a communicable disease or open cut.

No glass, food, gum, tobacco, or animals are allowed on the pool deck. Proper swim attire must be worn at all times.

Children not toilet-trained are required to wear a swim diaper covered by a tight topped suit or plastic pants.

Diaper changing on the pool deck is not permitted.

Please obey all requests made by lifeguards.

Cameras, cell phones, and other electronic devices are not allowed on the pool deck.

Street shoes are not allowed on the deck.

Photography on the pool deck is prohibited.

# **CHILD SUPERVISION**

#### Children Ages 0–6

An adult must be within arm's reach of the child at all times.

Children Ages 7–9

If the child passes the swim test, they may be in the pool with a responsible adult in the pool area. Otherwise a guardian must be in the pool.

#### Children Ages 10–12

Child must pass a swim test or wear a lifejacket and may be in the pool area without a responsible adult. OPEN SWIM will not be available during swim lessons, swim team, and water fitness classes.

# EQUIPMENT

Kickboards, pull buoys and fins are for lap swim use only. Noodles are to be used for flotation and exercise classes only. Approved lifejackets are available for use. Equipment should not be used to roughhouse or for horseplay.

### **SWIM TEST**

Any child under the age of 13 wishing to swim **in water deeper than chest depth** must pass the swim test or wear a lifejacket: - Jump into the shallow end, ducking head under water.

- Swim 25 yards.

- Tread water for 1 minute. Swim tests must be completed every visit. The lifeguard has the authority to withhold or revoke access to any area of the pool to maintain safety.

# **ANSWERING THE CALL**



Drowning is the leading cause of unintentional injury death among children aged 1-4 years and one of the top three causes among persons aged ≤29 years.

www.cdc.gov

# LAP LANES

Lap lanes are for continuous lap swimming only including standard strokes and kicking. Please use open swim times/independent exercise for water jogging, water walking, etc. Lap swimmers should share the lanes with other members in a respectful manner.