

July Gym Schedule

Corpening Memorial YMCA

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:30-11:15 a.m.	Open Gym 5:30-8:00 a.m.	Open Gym 5:30 a.m11:15 a.m.	Group Exercise 5:30-8:00 a.m.	Pickle Ball 8:00-10:00 a.m. Half Gym	
Iron Sharpens Iron 11:15 a.m 12:30 p.m.	Pickleball for Beginners 8:00-9:30 a.m. Adult Pick Up B-Ball 12:00– 2:00 p.m.		Pickleball 8:00-11:00 a.m Adult B-Ball 12-2 p.m.		Adult Basketball League 1-5:00 p.m.
Open Gym 12:30 p.m.— 5:00 p.m.	Open Gym 2-3:30 p.m.	Iron Sharpens 11:15-12:30 p.m.	Open Gym 2-3:30 p.m.	Open Gym 10:00 a.m 4:00 p.m.	
Adult Pick Up B-Ball (Front Half of Gym) 5:00 p.m.—7:00 p.m.	Iron Sharpens Iron 3:30-4:30 p.m.	Open Gym 12:30-5 p.m.			
Open Gym 7:00 p.m.—8:50 p.m.	Adult Futsal 5:00-9:00 p.m.	Adult Pick-Up Basketball 5-7:00 p.m. Open Gym 7-8:50 p.m.	Iron Sharpens Iron 3:30-4:30 p.m. Open Gym 4:30-8:50 p.m.		
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AGE GUIDELINES

Ages 9 and under: Must be under direct supervision.

Ages 10-12: Must be under direct supervision in certain areas of the building.

Ages 13-15: May be in the building without supervision, after completing an orientation.

Ages 16+: Full facility use; teen orientation encouraged, but not required.

PLEASE REMEMBER THAT OUR GYM IS SHARED BY PROGRAMS, CLASSES, FAMILIES, AND ALL MEMBERS. SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE DUE TO WEATHER AND/OR SPECIAL EVENTS.