



CORPENING Gym Schedule

July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00– 11:00 am Full Gym		8:00-11:00 am 8:00-9:30 am Beginners Full Gym		8:00 -11:00 am Full Gym	8-10:00 am Half of Gym	1:00—5:00 pm Adult BBall League
11:15-12:30 Full Court		11:15-12:30 Back Half		11:15-12:30 Back Half		
12:00-2:00 pm Front Half of Gym	11:15-12:30 Full Court	12:00-2:00 pm Front Half of Gym	11:15—12:30 Full Court	12:00-5:20 pm Front Half of Gym		
3:30-4:30 pm Back Half of Gym		3:30—4:30 pm Back Half of Gym		3:30-4:30 pm Back Half of Gym		
	5:00—7:00 pm Front Half of Gym	5:00-9:00 pm Full Gym	5:00-7:00 pm Front Half of Gym			
5:30—6:55 pm Front Half of Gym						

SCHEDULE KEY

- Pickle Ball **YELLOW**
- Raekwon Lessons **BLUE**
- Adult Pick Up Bball **Green**
- Adult Futsal **Red**
- Adult Basketball League **Purple**

VIRTUAL GROUP EX

Find live virtual classes and an online video library that members have access to at your convenience at ymcawnc.org/virtual-y