



Gym & Pickleball Schedule : July 1-8

Reuter Family YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30am-6:00am Open Gym	5:45am-6:30am Athletic Conditioning	5:30am-6:00am Open Gym	5:30am-10:00am Open Gym	5:30am-6:00am Open Gym	7:00am-6:45pm Open Gym
	6:00am-7:30am Adult Pick-Up (18+)	6:30am-10:00am Open Gym	6:00am-7:30am Adult Pick-Up (18+)		6:00am-7:30am Adult Pick-Up (18+)	
	7:30am-10:00am Open Gym		7:30am-10:00am Open Gym		7:30am-10:00am Open Gym	
	10:00am-12:30pm Pickleball		10:00am-12:30pm Pickleball		10:00am-11:30am Pickleball for Beginners	
11:00am-5:45pm Open Gym	12:30pm- 4:30pm Open Gym	12:30pm- 8:45pm Open Gym	11:30pm- 8:45pm Open Gym	12:30pm- 8:45pm Open Gym	12:30pm- 8:45pm Open Gym	
	4:30pm-7:15pm Volleyball Clinic- Full Gym					
	7:15pm-8:45pm Open Gym					

Pickleball : 2 V 2 play (4 to rotate in) keeping 6 feet apart as much as possible.

Pickleball for Beginners: Register for this program with the front desk (Members - Free/Non-Members- \$15.00/person).

Open Gym: First come, first serve.

Family Gym (Court 1): Designated gym time for families to spend time together.

Adult Pick-Up Basketball is for anyone 18 years old and over.

PLEASE REMEMBER THAT THE GYM IS SHARED BY PROGRAMS, CLASSES, FAMILIES AND ALL OF OUR MEMBERS.

FACILITY HOURS:

Monday–Friday 5:30am-9pm

Saturday 7am–7pm

Sunday 11am–6pm