



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HERE FOR YOU

Woodfin YMCA Community Groups

Book Club: 2nd Friday of every month, 11am

Hiking Club: Monthly depending on weather. See front desk.

Bereavement Support: 1st and 3rd Tuesday of every month, 6pm

Cancer Support: 1st Monday of every month, 6pm

Men's Cancer Support: 1st Wednesday of every month, 6pm

Dementia Support: Beginning March 27, 2nd & 4th Wednesday 6pm

Mahjong Club: Every, Monday and Friday, 1pm

FOR ADDITIONAL DETAILS: ebarsoffi@ymcawnc.org

The Y. For a better us.

ymcawnc.org