



Announcements:
 Due to staffing expect pool closures the month of May.
 Push notifications will be sent to the app for unexpected pool closures.

ASHEVILLE YMCA

April 29-May 5

POOL HOURS
 Mon-Thurs 6a-8:30p
 Fri 6a-7:30p
 Sat 7:30a-6:30p
 Sun 1p-4:30p

South Pool																																									
Time	Monday 4/29				Tuesday 4/30				Wednesday 5/01				Thursday 5/02				Friday 5/03				Saturday 5/04				Sunday 5/06				Time												
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane								
6a-7a	Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Ind. Ex.				Closed				Closed				6a-7a												
7a-8a	Lap Swim 8a-9:20a				Lap Swim 6a-8:50a				Lap Swim 6a-9:20a				Lap Swim 6a-8:50a				Lap Swim 6a-8:20a				Ind.				Lap Swim				7a-8a												
8a-9a	Ind. Ex.				Ind. Ex.				Family/Open Swim				Ind. Ex.				Deep Water Fitness				Ind.				Lap Swim				8a-9a												
9a-10a	Hydro Burn				Hydro Burn				Cardio Splash				Hydro Burn				Family/Open Swim 9:30a-12:30p				Swim Lessons (Only) 8:30a-12:30p				Closed				9a-10a												
10a-11a	Hydro Burn				Cardio Splash				Cardio Splash				Cardio Splash				Family/Open Swim 9:30a-12:30p				Swim Lessons (Only) 8:30a-12:30p				Closed				10a-11a												
11a-12p	Fluid Movement				Lap Swim 11:10a-1:50p				Cardio Splash				Lap Swim 11:10a-1:50p				Family/Open Swim 9:30a-12:30p				Swim Lessons (Only) 8:30a-12:30p				Closed				11a-12p												
12p-1p	Ind. Ex.				Lap Swim 11:30a-1:50p				Ind. Ex.				Lap Swim 11:30a-1:50p				Ind. Ex.				Lap Swim 12:35p-1:50p				Family/Open Swim 12:30p-4p				Family/Open Swim 1p-3p				12p-1p								
1p-2p	Ind. Ex.				Lap Swim 11:30a-1:50p				Ind. Ex.				Lap Swim 11:30a-1:50p				Ind.				Lap Swim 12:35p-1:50p				Family/Open Swim 12:30p-4p				Family/Open Swim 1p-3p				1p-2p								
2p-3p	Hydro Burn				Family/Open Swim 2p-4p				Hydro Burn				Closed 1:45p-4p				Hydro Burn				Family/Open Swim 12:30p-4p				Ind.				Lap Swim 3p-4:30p				2p-3p								
3p-4p	Family/Open Swim 3p-6:30p				Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4p-6:45p				Family/Open Swim 4p-6:30p				Family/Open Swim 3p-6:30p				Swim Lessons				Ind.				Lap Swim 4p-6:30p				3p-4p								
4p-5p	Family/Open Swim 3p-6:30p				Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4p-6:45p				Family/Open Swim 4p-6:30p				Family/Open Swim 3p-6:30p				Swim Lessons				Ind. Ex.				Lap Swim 4p-6:30p				4p-5p								
5p-6p	Family/Open Swim 3p-6:30p				Swim Lessons (Only) 4p-6:45p				Swim Lessons (Only) 4p-6:45p				Family/Open Swim 4p-6:30p				Family/Open Swim 3p-6:30p				Swim Lessons				Ind. Ex.				Lap Swim 4p-6:30p				5p-6p								
6p-7p	Closed 6:30p-8:30p				Ind. Ex.				Lap Swim				Ind.				Lap Swim 6:45p-8:30p				Ind. Ex.				Lap Swim				Ind.				Lap Swim 6:30p-7:30p				Closed				6p-7p
7p-8:30p	Closed 6:30p-8:30p				Ind. Ex.				Lap Swim				Ind.				Lap Swim				Ind.				Lap Swim 6:30p-7:30p				Closed				Closed				7p-8:30p				

North Pool																																	
Time	Monday 4/29				Tuesday 4/30				Wednesday 5/01				Thursday 5/02				Friday 5/03				Saturday 5/04				Sunday 5/06				Time				
Lane	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	Lane
6a-8a	Lap Swim 6a-4p				Closed 6a-8a				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-1:45p				Closed				Closed				6a-8a				
8a-10a	Lap Swim 6a-4p				Lap Swim 8a-9:45a				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-1:45p				Lap Swim 7:30a-6:30p				Closed				8a-10a				
10a-12p	Lap Swim 6a-4p				Closed				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-1:45p				Lap Swim 7:30a-6:30p				Closed				10a-12p				
12p-2p	Lap Swim 6a-4p				Lap Swim 11:15a-6p				Lap Swim 6a-4p				Lap Swim 6a-6p				Lap Swim 6a-1:45p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				12p-2p				
2p-4p	MH				MH				MH				MH				Closed 1:45p-4:15p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				2p-4p				
4p-6p	Swim Team 4p-6p				MH 3:30p-5:30p				Swim Team 4p-6p				MH 3:30p-5:30p				Lap Swim 4:15p-5:15p				Lap Swim 7:30a-6:30p				Lap Swim 1p-4:30p				4p-6p				
6p-8:30p	Lap Swim 6p-8:30p				Swim Team 6p-7:30p				Lap Swim 6p-7:20p				Swim Team 6p-7:30p				Open Kayak 5:30p-7:15p				Lap Swim 7:30a-6:30p				Closed				6p-8:30p				
	Lap Swim 6p-8:30p				Lap Swim 7:30p-8:30p				Water Polo 7:30p-8:30p				Lap Swim 7:30p-8:30p				Reg. Required See Below				Closed				Closed								

>>To register for open kayak please visit ymcawnc.org/programs-search<<

Lap Swim	Independent Exercise	Swim Team	Family/Open Swim	Family Swim and Open Swim are open to all.
Group Ex	Swim Lessons	Specialty		

Please remember that our pools are shared by programs, classes, families, and all our members. The pool schedule is subject to change without notice due to programs, weather, maintenance, staffing, and/or special events.



**BE A LEADER
BE A LIFEGUARD**

GUARD

NOW HIRING LIFEGUARDS

**Help people stay safe and confident
around water as a YMCA lifeguard!**

Lifeguard certification courses provided by the Y.



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job opportunities here.**

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courses here.**



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