



Gym & Pickleball Schedule: October 1-31

Reuter Family YMCA

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:30am-6:00am Open Gym	5:45am-6:30am Athletic Conditioning	5:30am-6:00am Open Gym	5:45am-6:30am Athletic Conditioning	5:30am-6:00am Open Gym	7:00am-10:00am Open Gym 8:45-9:30 Court 2: Kiddie Kickers <i>(Inclement weather only)</i>
	6:00am-7:30am Adult Pick-Up (18+)	6:30am-10:00am Open Gym	6:00am-7:30am Adult Pick-Up (18+)	6:30am-10:00am Open Gym	6:00am-7:30am Adult Pick-Up (18+)	
	7:30am-10:00am Open Gym		7:30am-10:00am Open Gym		7:30am-10:00am Open Gym	
	10:00am-12:30pm Pickleball	10:00am-12:30pm Pickleball	10:00am-12:30pm Pickleball	10:00am-12:30pm Pickleball	10:00am-11:30am Pickleball 2.0 (on 10/6 & 10/20)	
11:00am-1:00pm Open Gym	12:30pm-8:45pm Open Gym	12:30pm-8:45pm Open Gym	12:30pm-1:00pm Open Gym	12:30pm-8:45pm Open Gym	11:30am-8:45pm Open Gym	12:30pm-6:45pm Open Gym
1:00pm-3:30pm Court 1: Family Gym/ Court 2: Open Gym			1 pm-3 pm (Court 2) Homeschool PE			
3:30pm-5:45pm Open Gym			3:00pm-8:45 pm Open Gym			

Pickleball : 2 V 2 play (4 to rotate in) keeping 6 feet apart as much as possible.

Pickleball 2.0: Perfect for new players and those wanting a slower paced game.

Open Gym: First come, first serve

Family Gym (Court 1): Designated gym time for families to spend time together.

Adult Pick-Up Basketball is for anyone 18 years old and over.

PLEASE REMEMBER THAT THE GYM IS SHARED BY PROGRAMS, CLASSES, FAMILIES AND ALL OF OUR MEMBERS.

FACILITY HOURS:

Monday-Friday 5:30am-9pm

Saturday 7am-7pm

Sunday 11am-6pm